



Welcome to Worship Connections



School Holiday Edition

Lectionary reading

Sunday 5 October – UCA's Older Persons Sunday

Pent 17: Lam 1:1-6; Lam 3:19-26; 2 Tim 1:1-14; Lk 17:5-10

Sunday 12 October

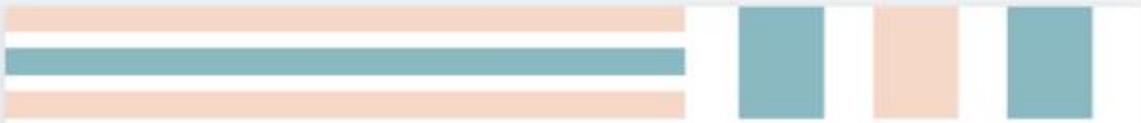
Pent 18: Jer 29:1, 4-7; Ps 66:1-12; 2 Tim 2:8-15; Lk 17:11-19

In our Region Ministry

This coming Sunday is UCA's Older Persons Sunday, a special day dedicated to honouring and celebrating the contributions of older adults in our community. It serves as a heartfelt reminder of the wisdom, resilience, and life experience that older generations bring to our lives. These individuals have shaped our families, built our institutions, and preserved our cultural and moral values. Their stories teach us important lessons about perseverance, kindness, and community spirit. On this day, we not only express gratitude for their enduring legacy but also commit to showing them the respect, support, and care they deserve every day. Older Persons Sunday is a time to strengthen the bond between generations and recognise the invaluable role our elders continue to play in shaping a better, more compassionate society. Please keep all older persons in our community in your prayers.



Coming up events



Manly Market Stall

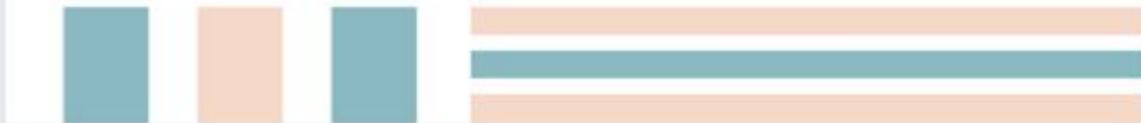
(outside Humphreys)

Friday 3 October
8.30am to 3.30pm

Weather permitting

Come along to our market stall over the long weekend, we have lots of jams, knitted and bric-a-brac goodies, something for everyone.

All proceeds going to the Australian Heart Lung Transplants Association



Think Communion

Think Community



NORTHERN BEACHES
Women's Shelter

At this Sunday's Communion service at Balgowlah, we will be collecting food gift cards or cash donations in support of the Northern Beaches Women's Shelter. These contributions will be passed on to their clients, providing essential assistance as they rebuild their lives. The Shelter is always deeply grateful for our support, which plays a vital role in helping the women they care for establish a fresh start.

God's Love in Community

Baglowlah Garden Working Bee

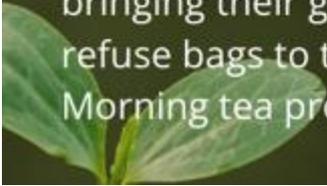
Saturday 11 October 7.30am – 9:30am

(Before the heat and despite any showers!!)

We will be waking up the gardens and getting them ready for Summer - pruning, mulch, aerating soil, weeding, applying fertilizer – something for everyone.

Bring your trowels, spades, forks, weeding tools. Cate & Carlo are bringing their green bins up. If anyone is able to bring other garden refuse bags to take home for your own green bins this will help.

Morning tea provided.



CROMER CRAFT RETURNS

TUESDAY 14 OCTOBER

FROM 9.30AM

You are welcome to join us for craft, a chat, a cuppa or all three. We are happy to teach you a craft or you can teach us.

BALGOWLAH



We return on

Tuesday 14 July from 9.30am
NBUC Balgowlah, 122 Condamine St

You would love you to join us as our activities return and are looking forward to seeing you and hearing how everyone's break has been.

CROMER

GENTLE EXERCISES



Our classes are returning on

Friday 17 October @ 9.30am

We would love you to join us at one of our classes next term.





AFTERNOON
OF

MUSIC

Come join us to play, sing or listen to music. All levels, genres and instruments welcome, a piano is provided. If you need backing tracks, a sound systems available.

Light refreshments are provided.

FREE ADMISSION

SATURDAY 18 OCTOBER, 4 - 5PM
NBUC @ BALGOWLAH, 122 CONDAMINE ST

All enquiries contact Jeremy
jeremykoay@hotmail.com or 0416 015 152

AFTERNOON OF ART

Saturday 25 October

3.30-5.30pm

Balgowlah Uniting Church

122 Condamine St

You are welcome to join us for our next creative art catch up. This class is for older teens and adults of any ability.

No rsvp needed, just rock up.

All enquiries please email
comms@nbuniting.org.au



We are on a break for school holidays, returning on **20 October from 9.30am**

We would love you to join us and we have some exciting news to share.

Little Footsteps
Balgowlah Uniting Church, 122 Condamine St

Playgroup
Monday's
9.30am-11am

Notice



Church@5 ✨

Please note

Balgowlah evening services are on hold for the moment

Annual Leave Notice

Please be advised Stephanie is on leave from Wednesday 1 to Thursday 10 October, back in the office on Tuesday 14 October. In my absence, please contact Di for all account and hall hiring queries via email Business.Manager@nbuniting.org.au Please see contact detail for your site for all pastoral and general matters below:

Barbara Williamson for Cromer site on 0416 089 708 or wombat@smartchat.net.au

Gwenda Davies for Freshwater site on 0402 050 770 or gwendadavies@bigpond.com

Rev. Trish Rooney for Balgowlah site on 0414 771 266 or revtrish@nbuniting.org.au



NBUC Preaching Roster

Sunday 5 October

Balgowlah: Rev Trish Rooney (HC)

Cromer: Rev. Trevor Lunney

Freshwater: Rev. Sisilia Tupou Thomas (HC)

Sunday 12 October

Balgowlah: Rev Trish Rooney

Cromer: Rev. Sisilia Tupou Thomas (HC)

Freshwater: Pastor Jennifer Johnston

Prayer Requests

Please continue to keep in your prayers and thoughts Helen Hocking, Andrew Wright's Dad, Mary Carroll, Carol Richardson, Peter Grogan, Derek Gallagher, Barbara Easton, Ted West, Peter Stevenson, Win Garland, Margaret Rees, Heather Peterson, Trish Byrne, Ailsa Nixon and Peggy Mathys.

Continued prayers for Year 12 students as they prepare for their HSC exams.

Continued prayers for our Earth and all the animals, flora and fauna within it.

Continued prayers for all in our community with mental health issues along with their families.

Continued prayers for all who are unwell or undergoing medical treatment in our church and community.

Continued prayers for all homeless youth.

Continued prayers for P E A C E on earth.

Continued prayers for our NBUC community, sites and activities.

NBUC Weekly Activities

You are welcome to join us at any of our activities below, for more information on any activity please email comms@nbuniting.org.au

Mondays

Little Footsteps Playgroup @ 9.30am @ NBUC Balgowlah resumes on 20 October

Life Group (fortnightly) @ 10-11.15am @ NBUC Cromer next one is on 6 October

Tuesdays

Cromer Craft @ 9.30pm @ NBUC Cromer resumes on 14 October

School for seniors @ 9.30am @ NBUC Balgowlah resumes on 14 October

Crumbs Small Group @ 7pm (online)

Fridays

Cromer Gentle Exercises @ 9.30am @ NBUC Cromer resumes on 17 October